Young Minds: Your Voice, **Our Future**

We surveyed local young people aged 12-25 and this is was what we heard

Key Findings

14 June -20 July 2021



YOUTH



voices captured

644 survey respondents

39% Male

2%

Non-binary Identified as other

Chose not to answer

8.4%

speak languages other than English at home

21.9% identified as LGBTQIA+

5.6%

identified as a person with a disability

1.6%

identified as an Aboriginal or Torres Strait Islander person

How we engaged

School

workshops



Social media

Council website

and Participate

Nillumbik



Posters



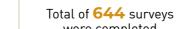


% =

-

Surveys







8 pop ups throughout the Shire.

=



15 interviews captured on camera



school workshops and presentations

Top 3 things most valued about living in Nillumbik





Friends

Environment

Sport

Top 3 facilities young people use







Walking paths

Parks

the engagement period, we identified

> 5 key themes that encompass the priority issues for young people

Mental health

and wellbeing

change and the

environment

Climate

in Nillumbik Shire.

Top priorities

Across the

897+ voices that

were captured during

What we heard

Top 3

most important issues



76% Mental health



27% Climate change

22% Discrimination

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BIGGEST CHALLENGES

faced by young people in Nillumbik



38% Body image / eating disorder / disordered eating



59% Anxiety



86% School stress

Interesting stats



Mental health

- 28% identified as having a mental illness
- 51% anxiety
- 17% depression
- 8% eating disorders



How you participated

Sexual health

- **57%** don't know where they can go for information on birth control. pregnancy & STIs
- **22**% are dissatisfied with sexual health education in school



Alcohol & drugs

consume alcohol

■ 13% have taken

recreational



Safety

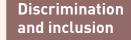
- **45**% said thev feel unsafe when walking alone (64% female: 13% male)
- Jobs

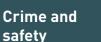
drugs

■ 43% never

- 44% unemployed
- 38% unsatisfied with hours they

Education and employment







Priority areas young people would like Council support on





Coping with stress



General health and wellbeing

work each week

Youth Strategy